

JANUAR

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	S	10:04	12:41	15:19	11:24	18:47	01:12	☉
2	M	10:04	12:42	15:20	11:32	19:30	02:32	
3	T	10:03	12:42	15:22	11:42	20:15	03:52	
4	O	10:02	12:43	15:24	11:57	21:02	05:11	
5	T	10:01	12:43	15:26	12:20	21:51	06:27	
6	F	10:00	12:44	15:28	12:56	22:42	07:34	
7	L	09:59	12:44	15:30	13:50	23:34	08:28	
8	S	09:57	12:45	15:32	15:01	-	09:05	
9	M	09:56	12:45	15:34	16:25	00:26	09:29	☽
10	T	09:55	12:45	15:37	17:55	01:18	09:45	
11	O	09:53	12:46	15:39	19:28	02:09	09:56	
12	T	09:51	12:46	15:41	21:01	02:59	10:05	
13	F	09:50	12:47	15:44	22:34	03:48	10:12	
14	L	09:48	12:47	15:46	-	04:37	10:19	
15	S	09:46	12:47	15:49	00:08	05:27	10:27	
16	M	09:44	12:48	15:52	01:45	06:18	10:37	☉
17	T	09:42	12:48	15:54	03:22	07:12	10:51	
18	O	09:40	12:48	15:57	04:57	08:09	11:13	
19	T	09:38	12:49	16:00	06:23	09:08	11:48	
20	F	09:36	12:49	16:02	07:31	10:07	12:45	
21	L	09:34	12:49	16:05	08:15	11:06	14:03	
22	S	09:32	12:50	16:08	08:41	12:02	15:33	
23	M	09:29	12:50	16:11	08:57	12:55	17:05	☽
24	T	09:27	12:50	16:14	09:08	13:44	18:36	
25	O	09:25	12:50	16:17	09:16	14:31	20:03	
26	T	09:22	12:51	16:19	09:23	15:15	21:27	
27	F	09:20	12:51	16:22	09:29	15:59	22:49	
28	L	09:17	12:51	16:25	09:35	16:41	-	
29	S	09:15	12:51	16:28	09:42	17:24	00:09	
30	M	09:12	12:51	16:31	09:51	18:08	01:29	
31	T	09:10	12:51	16:34	10:04	18:54	02:48	

På Sandsøya øker dagen med 02:09
 POSISJON N 62° 15' E 05° 28'

FEBRUAR

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	O	09:07	12:52	16:37	10:23	19:42	04:05	
2	T	09:04	12:52	16:40	10:53	20:31	05:16	
3	F	09:02	12:52	16:43	11:38	21:23	06:16	
4	L	08:59	12:52	16:46	12:41	22:15	07:00	
5	S	08:56	12:52	16:49	13:59	23:07	07:31	
6	M	08:53	12:52	16:52	15:27	23:59	07:50	
7	T	08:50	12:52	16:55	17:00	-	08:04	☉
8	O	08:48	12:52	16:58	18:35	00:50	08:14	
9	T	08:45	12:52	17:01	20:11	01:41	08:23	
10	F	08:42	12:52	17:04	21:48	02:32	08:30	
11	L	08:39	12:52	17:07	23:25	03:23	08:38	
12	S	08:36	12:52	17:10	-	04:15	08:48	
13	M	08:33	12:52	17:13	01:03	05:09	09:01	
14	T	08:30	12:52	17:16	02:40	06:05	09:21	☾
15	O	08:27	12:52	17:19	04:09	07:03	09:51	
16	T	08:24	12:52	17:22	05:21	08:01	10:40	
17	F	08:21	12:52	17:24	06:12	08:58	11:49	
18	L	08:18	12:52	17:27	06:44	09:54	13:13	
19	S	08:15	12:52	17:30	07:03	10:47	14:42	
20	M	08:12	12:52	17:33	07:16	11:37	16:11	
21	T	08:09	12:52	17:36	07:26	12:24	17:38	☾
22	O	08:05	12:52	17:39	07:33	13:09	19:03	
23	T	08:02	12:52	17:42	07:39	13:53	20:25	
24	F	07:59	12:51	17:45	07:46	14:36	21:47	
25	L	07:56	12:51	17:48	07:53	15:19	23:07	
26	S	07:53	12:51	17:50	08:02	16:03	-	
27	M	07:50	12:51	17:53	08:13	16:48	00:26	
28	T	07:47	12:51	17:56	08:30	17:34	01:44	
29	O	07:43	12:51	17:59	08:55	18:22	02:57	

På Sandsøya øker dagen med 02:46
 POSISJON N 62° 15' E 05° 28'

MARS

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	T	07:40	12:50	18:02	09:32	19:12	04:01	☉
2	F	07:37	12:50	18:05	10:26	20:03	04:51	
3	L	07:34	12:50	18:07	11:36	20:54	05:27	
4	S	07:31	12:50	18:10	12:58	21:46	05:52	
5	M	07:27	12:49	18:13	14:27	22:37	06:09	
6	T	07:24	12:49	18:16	16:01	23:28	06:21	
7	O	07:21	12:49	18:19	17:37	-	06:31	
8	T	07:18	12:49	18:21	19:15	00:20	06:39	☾
9	F	07:14	12:49	18:24	20:55	01:12	06:48	
10	L	07:11	12:48	18:27	22:36	02:05	06:58	
11	S	07:08	12:48	18:30	-	03:00	07:10	
12	M	07:05	12:48	18:32	00:16	03:58	07:28	
13	T	07:01	12:47	18:35	01:51	04:56	07:56	
14	O	06:58	12:47	18:38	03:10	05:56	08:40	
15	T	06:55	12:47	18:41	04:08	06:54	09:43	☉
16	F	06:51	12:47	18:43	04:45	07:50	11:02	
17	L	06:48	12:46	18:46	05:08	08:43	12:29	
18	S	06:45	12:46	18:49	05:24	09:33	13:56	
19	M	06:42	12:46	18:51	05:34	10:21	15:22	
20	T	06:38	12:45	18:54	05:42	11:06	16:46	
21	O	06:35	12:45	18:57	05:49	11:49	18:08	
22	T	06:32	12:45	19:00	05:56	12:32	19:28	☾
23	F	06:28	12:45	19:02	06:03	13:15	20:48	
24	L	06:25	12:44	19:05	06:12	13:59	22:08	
25	S	07:22	13:44	20:08	07:23	15:43	-	
26	M	07:19	13:44	20:10	07:38	16:29	00:26	
27	T	07:15	13:43	20:13	08:00	17:17	01:40	
28	O	07:12	13:43	20:16	08:32	18:05	02:47	
29	T	07:09	13:43	20:18	09:18	18:55	03:42	
30	F	07:05	13:42	20:21	10:20	19:45	04:23	☉
31	L	07:02	13:42	20:24	11:35	20:35	04:52	

På Sandsøya øker dagen med 03:00
 POSISJON N 62° 15' E 05° 28'

APRIL

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	S	06:59	13:42	20:27	12:59	21:24	05:11	
2	M	06:55	13:42	20:29	14:28	22:14	05:25	
3	T	06:52	13:41	20:32	16:00	23:05	05:36	
4	O	06:49	13:41	20:35	17:36	23:56	05:46	
5	T	06:46	13:41	20:38	19:14	-	05:55	
6	F	06:42	13:40	20:40	20:56	00:49	06:04	☉
7	L	06:39	13:40	20:43	22:39	01:44	06:16	
8	S	06:36	13:40	20:46	-	02:42	06:32	
9	M	06:32	13:40	20:48	00:20	03:43	06:56	
10	T	06:29	13:39	20:51	01:50	04:44	07:35	
11	O	06:26	13:39	20:54	02:59	05:45	08:33	
12	T	06:23	13:39	20:57	03:44	06:44	09:50	
13	F	06:19	13:39	20:59	04:12	07:39	11:16	☾
14	L	06:16	13:38	21:02	04:30	08:31	12:44	
15	S	06:13	13:38	21:05	04:42	09:19	14:10	
16	M	06:10	13:38	21:08	04:51	10:04	15:34	
17	T	06:06	13:38	21:11	04:59	10:48	16:55	
18	O	06:03	13:37	21:13	05:06	11:31	18:15	
19	T	06:00	13:37	21:16	05:13	12:13	19:34	
20	F	05:57	13:37	21:19	05:21	12:56	20:53	
21	L	05:54	13:37	21:22	05:32	13:40	22:11	☾
22	S	05:50	13:37	21:25	05:45	14:26	23:27	
23	M	05:47	13:36	21:27	06:05	15:13	-	
24	T	05:44	13:36	21:30	06:34	16:01	00:36	
25	O	05:41	13:36	21:33	07:15	16:50	01:35	
26	T	05:38	13:36	21:36	08:12	17:39	02:21	
27	F	05:35	13:36	21:39	09:21	18:28	02:53	
28	L	05:32	13:36	21:42	10:40	19:17	03:15	
29	S	05:28	13:35	21:44	12:04	20:05	03:31	☾
30	M	05:25	13:35	21:47	13:32	20:54	03:43	

På Sandsøya øker dagen med 02:54
 POSISJON N 62° 15' E 05° 28'

		MAI						
DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	T	05:22	13:35	21:50	15:03	21:43	03:52	
2	O	05:19	13:35	21:53	16:37	22:33	04:01	
3	T	05:16	13:35	21:56	18:14	23:26	04:10	
4	F	05:13	13:35	21:59	19:56	-	04:21	
5	L	05:10	13:35	22:01	21:39	00:23	04:34	
6	S	05:07	13:35	22:04	23:17	01:22	04:54	☉
7	M	05:04	13:35	22:07	-	02:25	05:26	
8	T	05:01	13:35	22:10	00:39	03:28	06:16	
9	O	04:58	13:35	22:13	01:37	04:30	07:27	
10	T	04:56	13:34	22:15	02:13	05:29	08:54	
11	F	04:53	13:34	22:18	02:35	06:24	10:25	
12	L	04:50	13:34	22:21	02:50	07:15	11:54	☾
13	S	04:47	13:34	22:24	03:00	08:02	13:20	
14	M	04:44	13:34	22:27	03:08	08:47	14:43	
15	T	04:41	13:34	22:29	03:15	09:30	16:03	
16	O	04:39	13:34	22:32	03:23	10:12	17:22	
17	T	04:36	13:34	22:35	03:31	10:55	18:41	
18	F	04:33	13:35	22:38	03:40	11:39	19:59	
19	L	04:31	13:35	22:40	03:53	12:24	21:15	
20	S	04:28	13:35	22:43	04:10	13:10	22:27	
21	M	04:26	13:35	22:46	04:36	13:58	23:30	☀
22	T	04:23	13:35	22:48	05:13	14:47	-	
23	O	04:21	13:35	22:51	06:05	15:36	00:20	
24	T	04:18	13:35	22:53	07:11	16:25	00:56	
25	F	04:16	13:35	22:56	08:27	17:14	01:21	
26	L	04:14	13:35	22:58	09:49	18:02	01:38	
27	S	04:12	13:35	23:01	11:14	18:49	01:51	
28	M	04:09	13:35	23:03	12:41	19:36	02:01	☾
29	T	04:07	13:36	23:05	14:10	20:24	02:10	
30	O	04:05	13:36	23:08	15:43	21:14	02:18	
31	T	04:03	13:36	23:10	17:19	22:07	02:27	

På Sandsøya øker dagen med 01:09
 POSISJON N 62° 15' E 05° 28'

JUNI

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	F	04:01	13:36	23:12	18:59	23:03	02:39	
2	L	04:00	13:36	23:14	20:39	-	02:55	
3	S	03:58	13:36	23:16	22:10	00:03	03:19	
4	M	03:56	13:36	23:18	23:22	01:06	03:58	☉
5	T	03:55	13:37	23:20	-	02:10	05:00	
6	O	03:53	13:37	23:22	00:09	03:12	06:21	
7	T	03:52	13:37	23:23	00:38	04:11	07:54	
8	F	03:51	13:37	23:25	00:56	05:05	09:27	
9	L	03:49	13:37	23:27	01:08	05:55	10:58	
10	S	03:48	13:38	23:28	01:18	06:42	12:24	
11	M	03:47	13:38	23:29	01:25	07:27	13:47	☾
12	T	03:46	13:38	23:31	01:33	08:10	15:07	
13	O	03:46	13:38	23:32	01:40	08:53	16:27	
14	T	03:45	13:38	23:33	01:49	09:36	17:45	
15	F	03:44	13:39	23:34	02:01	10:21	19:02	
16	L	03:44	13:39	23:34	02:16	11:07	20:16	
17	S	03:44	13:39	23:35	02:39	11:54	21:23	
18	M	03:43	13:39	23:35	03:12	12:43	22:18	
19	T	03:43	13:40	23:36	03:59	13:33	22:59	☾
20	O	03:43	13:40	23:36	05:01	14:22	23:27	
21	T	03:44	13:40	23:36	06:15	15:12	23:47	
22	F	03:44	13:40	23:36	07:35	16:00	-	
23	L	03:44	13:40	23:36	09:00	16:47	00:01	
24	S	03:45	13:41	23:36	10:26	17:34	00:11	
25	M	03:45	13:41	23:36	11:54	18:21	00:20	
26	T	03:46	13:41	23:35	13:23	19:09	00:29	
27	O	03:47	13:41	23:35	14:55	20:00	00:37	☾
28	T	03:48	13:41	23:34	16:30	20:52	00:47	
29	F	03:49	13:42	23:33	18:07	21:49	01:01	
30	L	03:50	13:42	23:32	19:41	22:48	01:20	

Til solsnø øker dagen med 00:42
og avtar fra solsnø med 00:10

JULI

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	S	03:52	13:42	23:31	21:01	23:50	01:50	
2	M	03:53	13:42	23:30	22:00	-	02:39	
3	T	03:55	13:42	23:29	22:37	00:53	03:50	☉
4	O	03:56	13:43	23:28	23:00	01:53	05:18	
5	T	03:58	13:43	23:26	23:16	02:50	06:53	
6	F	04:00	13:43	23:25	23:27	03:44	08:26	
7	L	04:01	13:43	23:23	23:35	04:33	09:57	
8	S	04:03	13:43	23:22	23:43	05:20	11:23	
9	M	04:05	13:43	23:20	23:51	06:05	12:46	
10	T	04:07	13:44	23:18	23:59	06:49	14:07	
11	O	04:10	13:44	23:16	-	07:32	15:27	☾
12	T	04:12	13:44	23:14	00:10	08:17	16:45	
13	F	04:14	13:44	23:12	00:24	09:02	18:01	
14	L	04:16	13:44	23:10	00:43	09:49	19:11	
15	S	04:19	13:44	23:08	01:11	10:37	20:11	
16	M	04:21	13:44	23:06	01:53	11:27	20:57	
17	T	04:23	13:44	23:03	02:49	12:17	21:30	
18	O	04:26	13:44	23:01	03:59	13:07	21:53	
19	T	04:28	13:44	22:59	05:19	13:56	22:10	☾
20	F	04:31	13:44	22:56	06:44	14:45	22:22	
21	L	04:33	13:45	22:54	08:10	15:32	22:32	
22	S	04:36	13:45	22:51	09:39	16:20	22:40	
23	M	04:39	13:45	22:49	11:08	17:08	22:49	
24	T	04:41	13:45	22:46	12:39	17:57	22:58	
25	O	04:44	13:45	22:43	14:12	18:48	23:10	
26	T	04:47	13:45	22:41	15:46	19:42	23:27	☾
27	F	04:49	13:45	22:38	17:18	20:39	23:52	
28	L	04:52	13:45	22:35	18:42	21:38	-	
29	S	04:55	13:45	22:32	19:49	22:39	00:31	
30	M	04:57	13:45	22:30	20:34	23:38	01:30	
31	T	05:00	13:44	22:27	21:03	-	02:49	

På Sandsøya avtar dagen med 00:16
 POSISJON N 62° 15' E 05° 28'

AUGUST

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	O	05:03	13:44	22:24	21:21	00:36	04:20	
2	T	05:06	13:44	22:21	21:34	01:31	05:54	☉
3	F	05:08	13:44	22:18	21:44	02:22	07:26	
4	L	05:11	13:44	22:15	21:53	03:11	08:55	
5	S	05:14	13:44	22:12	22:01	03:57	10:20	
6	M	05:17	13:44	22:09	22:10	04:42	11:44	
7	T	05:19	13:44	22:06	22:20	05:26	13:05	
8	O	05:22	13:44	22:03	22:32	06:11	14:24	
9	T	05:25	13:44	22:00	22:49	06:56	15:42	☾
10	F	05:28	13:43	21:57	23:14	07:43	16:54	
11	L	05:31	13:43	21:54	23:49	08:30	17:58	
12	S	05:33	13:43	21:51	-	09:19	18:50	
13	M	05:36	13:43	21:48	00:39	10:09	19:29	
14	T	05:39	13:43	21:45	01:43	10:59	19:56	
15	O	05:42	13:42	21:41	02:59	11:48	20:16	
16	T	05:44	13:42	21:38	04:22	12:38	20:30	
17	F	05:47	13:42	21:35	05:49	13:27	20:41	☾
18	L	05:50	13:42	21:32	07:18	14:15	20:51	
19	S	05:53	13:42	21:29	08:48	15:04	21:00	
20	M	05:55	13:41	21:26	10:20	15:54	21:09	
21	T	05:58	13:41	21:22	11:54	16:45	21:21	
22	O	06:01	13:41	21:19	13:29	17:39	21:37	
23	T	06:03	13:41	21:16	15:02	18:35	21:59	
24	F	06:06	13:40	21:13	16:28	19:33	22:33	☾
25	L	06:09	13:40	21:10	17:39	20:31	23:24	
26	S	06:11	13:40	21:06	18:30	21:30	-	
27	M	06:14	13:40	21:03	19:04	22:27	00:34	
28	T	06:17	13:39	21:00	19:26	23:22	01:59	
29	O	06:19	13:39	20:57	19:41	-	03:29	
30	T	06:22	13:39	20:53	19:53	00:13	05:00	
31	F	06:25	13:38	20:50	20:02	01:02	06:29	☉

På Sandsøya avtar dagen med 02:56
 POSISJON N 62° 15' E 05° 28'

SEPTEMBER

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	L	06:27	13:38	20:47	20:11	01:49	07:55	
2	S	06:30	13:38	20:43	20:19	02:35	09:19	
3	M	06:33	13:37	20:40	20:29	03:20	10:41	
4	T	06:35	13:37	20:37	20:41	04:05	12:02	
5	O	06:38	13:37	20:34	20:57	04:50	13:20	
6	T	06:41	13:36	20:30	21:18	05:36	14:35	
7	F	06:43	13:36	20:27	21:49	06:23	15:42	
8	L	06:46	13:36	20:24	22:32	07:11	16:39	☉
9	S	06:49	13:35	20:20	23:29	08:00	17:23	
10	M	06:51	13:35	20:17	-	08:49	17:55	
11	T	06:54	13:35	20:14	00:39	09:39	18:18	
12	O	06:56	13:34	20:10	01:58	10:28	18:35	
13	T	06:59	13:34	20:07	03:22	11:16	18:47	
14	F	07:02	13:34	20:04	04:50	12:05	18:58	
15	L	07:04	13:33	20:01	06:20	12:55	19:08	
16	S	07:07	13:33	19:57	07:53	13:45	19:18	☿
17	M	07:09	13:32	19:54	09:28	14:38	19:30	
18	T	07:12	13:32	19:51	11:05	15:32	19:45	
19	O	07:15	13:32	19:47	12:41	16:28	20:05	
20	T	07:17	13:31	19:44	14:12	17:27	20:36	
21	F	07:20	13:31	19:41	15:29	18:26	21:23	
22	L	07:22	13:31	19:37	16:27	19:25	22:27	☽
23	S	07:25	13:30	19:34	17:05	20:23	23:47	
24	M	07:28	13:30	19:31	17:31	21:17	-	
25	T	07:30	13:30	19:27	17:48	22:09	01:14	
26	O	07:33	13:29	19:24	18:00	22:57	02:43	
27	T	07:36	13:29	19:21	18:11	23:44	04:10	
28	F	07:38	13:29	19:18	18:20	-	05:35	
29	L	07:41	13:28	19:14	18:28	00:30	06:59	
30	S	07:43	13:28	19:11	18:38	01:15	08:21	☊

På Sandsøya avtar dagen med 02:52
 POSISJON N 62° 15' E 05° 28'

OKTOBER

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	M	07:46	13:28	19:08	18:49	01:59	09:42	
2	T	07:49	13:27	19:04	19:04	02:44	11:01	
3	O	07:51	13:27	19:01	19:23	03:30	12:17	
4	T	07:54	13:27	18:58	19:51	04:17	13:27	
5	F	07:57	13:26	18:55	20:29	05:05	14:28	
6	L	07:59	13:26	18:51	21:20	05:53	15:17	
7	S	08:02	13:26	18:48	22:24	06:41	15:53	
8	M	08:05	13:26	18:45	23:37	07:30	16:19	☉
9	T	08:07	13:25	18:42	-	08:18	16:38	
10	O	08:10	13:25	18:39	00:57	09:06	16:52	
11	T	08:13	13:25	18:35	02:21	09:54	17:04	
12	F	08:16	13:24	18:32	03:49	10:42	17:14	
13	L	08:18	13:24	18:29	05:19	11:32	17:24	
14	S	08:21	13:24	18:26	06:53	12:23	17:36	
15	M	08:24	13:24	18:23	08:30	13:18	17:50	☿
16	T	08:27	13:24	18:19	10:09	14:15	18:08	
17	O	08:29	13:23	18:16	11:46	15:15	18:36	
18	T	08:32	13:23	18:13	13:12	16:16	19:17	
19	F	08:35	13:23	18:10	14:19	17:17	20:18	
20	L	08:38	13:23	18:07	15:05	18:17	21:35	
21	S	08:41	13:23	18:04	15:34	19:13	23:01	
22	M	08:43	13:23	18:01	15:54	20:06	-	☿
23	T	08:46	13:22	17:58	16:08	20:55	00:30	
24	O	08:49	13:22	17:54	16:19	21:42	01:57	
25	T	08:52	13:22	17:51	16:28	22:28	03:22	
26	F	08:55	13:22	17:48	16:37	23:12	04:45	
27	L	08:57	13:22	17:45	16:47	23:56	06:06	
28	S	08:00	12:22	16:42	15:57	23:41	06:26	
29	M	08:03	12:22	16:39	16:11	-	07:45	☉
30	T	08:06	12:22	16:36	16:29	00:26	09:02	
31	O	08:09	12:22	16:33	16:53	01:13	10:14	

På Sandsøya avtar dagen med 02:58
 POSISJON N 62° 15' E 05° 28'

NOVEMBER

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	T	08:12	12:22	16:31	17:27	02:00	11:18	
2	F	08:15	12:22	16:28	18:14	02:48	12:12	
3	L	08:18	12:22	16:25	19:13	03:36	12:52	
4	S	08:20	12:22	16:22	20:22	04:24	13:21	
5	M	08:23	12:22	16:19	21:38	05:12	13:42	
6	T	08:26	12:22	16:16	22:58	05:58	13:58	
7	O	08:29	12:22	16:13	-	06:45	14:10	☉
8	T	08:32	12:22	16:11	00:21	07:32	14:21	
9	F	08:35	12:22	16:08	01:48	08:19	14:31	
10	L	08:38	12:22	16:05	03:17	09:08	14:41	
11	S	08:41	12:22	16:03	04:51	10:00	14:53	
12	M	08:44	12:22	16:00	06:28	10:56	15:09	
13	T	08:47	12:22	15:58	08:07	11:55	15:32	☿
14	O	08:49	12:23	15:55	09:41	12:57	16:06	
15	T	08:52	12:23	15:53	11:01	14:00	16:59	
16	F	08:55	12:23	15:50	11:58	15:03	18:12	
17	L	08:58	12:23	15:48	12:35	16:03	19:39	
18	S	09:01	12:23	15:45	12:59	16:59	21:11	
19	M	09:04	12:24	15:43	13:16	17:51	22:41	
20	T	09:06	12:24	15:41	13:28	18:40	-	☿
21	O	09:09	12:24	15:38	13:38	19:26	00:08	
22	T	09:12	12:24	15:36	13:47	20:11	01:32	
23	F	09:15	12:25	15:34	13:56	20:55	02:54	
24	L	09:17	12:25	15:32	14:06	21:39	04:13	
25	S	09:20	12:25	15:30	14:18	22:24	05:32	
26	M	09:22	12:26	15:28	14:34	23:09	06:49	
27	T	09:25	12:26	15:26	14:56	23:56	08:03	
28	O	09:27	12:26	15:24	15:27	-	09:10	☽
29	T	09:30	12:27	15:23	16:09	00:44	10:08	
30	F	09:32	12:27	15:21	17:04	01:33	10:52	

På Sandsøya avtar dagen med 02:30
 POSISJON N 62° 15' E 05° 28'

DESEMBER

DATO		SOL			MÅNE			
		OPP	SØR	NED	OPP	SØR	NED	
1	L	09:35	12:27	15:19	18:10	02:21	11:25	
2	S	09:37	12:28	15:18	19:24	03:09	11:49	
3	M	09:39	12:28	15:16	20:42	03:55	12:06	
4	T	09:41	12:28	15:15	22:03	04:41	12:19	
5	O	09:44	12:29	15:14	23:26	05:27	12:30	
6	T	09:46	12:29	15:13	-	06:12	12:39	☾
7	F	09:48	12:30	15:12	00:51	06:59	12:49	
8	L	09:49	12:30	15:11	02:19	07:48	12:59	
9	S	09:51	12:31	15:10	03:51	08:39	13:12	
10	M	09:53	12:31	15:09	05:26	09:35	13:30	
11	T	09:55	12:32	15:08	07:02	10:34	13:57	
12	O	09:56	12:32	15:08	08:31	11:37	14:39	
13	T	09:57	12:32	15:07	09:42	12:41	15:42	☀
14	F	09:59	12:33	15:07	10:30	13:44	17:04	
15	L	10:00	12:33	15:07	11:01	14:44	18:38	
16	S	10:01	12:34	15:07	11:22	15:40	20:13	
17	M	10:02	12:34	15:07	11:36	16:32	21:45	
18	T	10:03	12:35	15:07	11:47	17:21	23:13	
19	O	10:04	12:35	15:07	11:57	18:07	-	
20	T	10:04	12:36	15:07	12:06	18:52	00:37	☾
21	F	10:05	12:36	15:08	12:16	19:37	01:59	
22	L	10:05	12:37	15:08	12:27	20:21	03:18	
23	S	10:06	12:37	15:09	12:42	21:07	04:36	
24	M	10:06	12:38	15:10	13:01	21:53	05:51	
25	T	10:06	12:38	15:11	13:28	22:41	07:01	
26	O	10:06	12:39	15:12	14:06	23:29	08:02	
27	T	10:06	12:39	15:13	14:57	-	08:52	
28	F	10:06	12:40	15:14	16:00	00:17	09:29	☀
29	L	10:05	12:40	15:15	17:12	01:06	09:55	
30	S	10:05	12:41	15:17	18:29	01:53	10:14	
31	M	10:04	12:41	15:18	19:49	02:40	10:29	

Til solsnu avtar dagen med 00:41
og øker fra solsnu med 00:11